

In recognition of Worldwide Suicide Prevention Day, USC Verdugo Hills Hospital presents its

10th Annual Suicide Awareness and Prevention Conference

Co-hosted by the American Foundation for Suicide Prevention

Saturday September 6, 2025

8:00 am - 4:00 pm



Hope

In-Person Venue (200 spots available)

USC Verdugo Hills Hospital

1812 Verdugo Blvd.

Glendale, CA 91208

Register Aug. 1 - Sept. 1 at:

bit.ly/USCVHHSAPCLive2025

Webinar Venue (500 spots available)

Register Aug. 1 - Sept. 6 at:

bit.ly/USCVHHSAPCWebinar2025

Admission to this conference is free and includes complimentary breakfast and lunch.

Approval for Continuing Education Units (CEUs) from the National Association of Social Workers (NASW) is currently pending.

All participants should note that the event will be recorded in audio and video formats. The recording will be posted on the USC VHH website.

For more information and FAQs

bit.ly/2025USCVHHSAPC

8:00 am - 8:55 am

Registration, Continental Breakfast and Resource Fair

8:55 am - 9:00 am

Welcome

Clifford Feldman, MD, JD, MFS, Medical Director

Geropsychiatric Program, USC Verdugo Hills Hospital

MORNING SESSION

9:00 am - 9:50 am

Keynote Speaker

Suffering in Silence: Confronting Mental Health in Medicine

Joseph Rosa III, MD

Adjunct Associate Clinical Professor of Medical Education and Anesthesiology (Voluntary), Keck School of Medicine of USC

9:50 am - 10:40 am

Prolonged Grief Disorder After Suicide Bereavement and Other Causes of Death

Sidney Zisook, MD

Board Certified Psychiatrist & Professor of Psychiatry, UC San Diego School of Medicine

10:40 am - 11:00 am **Break**

11:00 am - 11:50 am

Tragedy to Triumph: Launching from Grief

James Espinoza, MS, RBLP-T, CPD

Retired LEO / Army Veteran

American Freedom Consulting LLC

Peer Support Program Coordinator

11:50 am - 12:50 pm

Lunch Break and Resource Fair

AFTERNOON SESSION

1:00 pm - 1:50 pm

Real Skills for Real Crises: Suicide Intervention Essentials Part 1

Sandri Kramer, Director of Community Relations & Special Projects

Didi Hirsch Suicide Prevention Center

2:00 pm - 2:50 pm

Real Skills for Real Crises: Suicide Intervention Essentials Part 2

Sandri Kramer, Director of Community Relations & Special Projects

Didi Hirsch Suicide Prevention Center

Nathan Lichtman, Training & Outreach Program Manager

Didi Hirsch Suicide Prevention Center

2:50 pm - 3:00 pm **Break**

3:00 pm - 3:50 pm

Addiction and Impact on Mental Health and Suicide

Harut Hovsepyan, MD, MPH

Board Certified Emergency Physician and Addiction Medicine

3:50 pm - 4:00 pm

Closing

Clifford Feldman, MD, JD, MFS, Medical Director

Geropsychiatric Program, USC Verdugo Hills Hospital

USC Verdugo Hills Hospital

Keck Medicine of USC



American Foundation for Suicide Prevention